

COVID-19

HOW CAN I PROTECT MYSELF & MY FAMILY



Due to the rapidly evolving nature of the situation, information below is subject to change. The Nevada Division of Public and Behavioral Health (DPBH) will be updating information as frequently as possible. For the most current information, visit <https://www.cdc.gov/coronavirus/2019-ncov/index.html>.

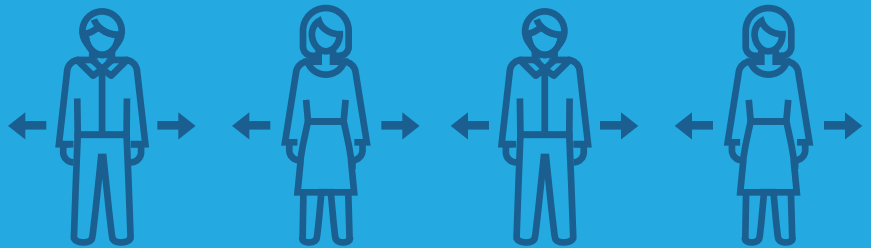


Wash your hands with soap and water regularly.

- Wet your hands with clean, running water
- Lather your hands completely with soap
- Scrub for at least 20 seconds
- Rinse your hands well
- Dry with a clean towel or by air drying.

Keep your distance

- Avoid close contact with people who are sick
- Close contact is defined as being within approximately 6 feet.



Clean and disinfect surfaces frequently

- Doorknobs
- Counters
- Tabletops
- Bathroom fixtures
- Toilets
- Phones/Tablets
- Bedside tables